



SOUTHWESTERN COLLEGE

Career EXPO 2013

Workshops

Career Exploration

Employment & Internships

OPEN TO THE PUBLIC

Southwestern College-900 Otay Lakes Rd.-Chula Vista, CA 91910

Monday, March 18

Workshops

Resumes That Get You ‘the’ Interview

Lisa Rodriguez, Counselor

10 – 11 a.m., **Career Center, Room S206**

Give yourself that professional edge! Learn how to create a winning professional resume that gets attention and the interview. This workshop offers formats for first time job seekers to seasoned professionals and includes Cover and Thank You Letter formats. A must for any job seeker!

Career Cruising

Lisa Rodriguez, Counselor

11 a.m. – 12 p.m., **Career Center, Room S206**

Learn about career pathways and how they align with your desired lifestyle. Learn about support services and resources.

How to Work a Job Fair

Lisa Rodriguez, Counselor

1:30 –2:30 p.m., **Career Center, Room S206**

This workshop is designed for job-seekers who are seeking to master the skills necessary to successfully attend and navigate career fairs, taking you through the necessary activities you must do before, during, and after the fair.

Interviewing Techniques

Lisa Rodriguez, Counselor

2:30 – 3:30 p.m., **Career Center, Room S206**

Want to improve your Interviewing skills? This workshop will help you stand out in an interview. Each participant will also be given free access to “Perfect Interview”, an online interviewing database, which will help you refine your interviewing skills.

Tuesday, March 19

Science Opportunity Day

Mathematics, Engineering,

Science Achievement (MESA) Program

Raga Bakhiet, PhD. MESA Program Director

10 a.m.–1 p.m.

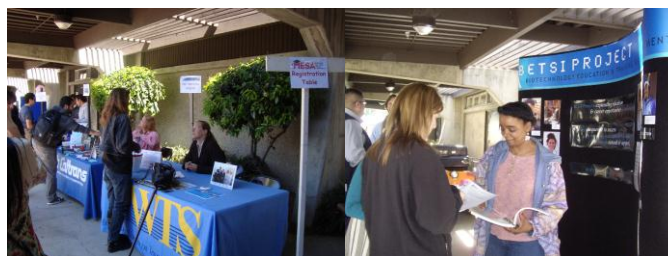
Math, Science & Engineering Quad at 330 Bldg.

Find out about:

- Careers in Science and Engineering
- SWC preparing you for these careers

There will be:

- Representatives from local industries/institutions available to discuss career options and internships
- Student and faculty representatives from SWC highlighting engineering and science programs



Workshop

How to Choose a Major

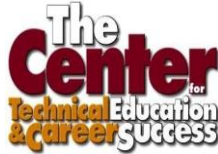
Diane Edwards-LiPera, Counselor;

9 – 10 a.m., **Career Center, Room S206**

So many majors to choose from! This workshop helps students identify the best fit major as well as the next academic steps to reach your Career Goals. Also, learn about careers, types of employers related to your major.

Wednesday, March 20

Career Technical Programs Showcase/Workshops



Career Technical Programs Showcase

9 a.m. – 12 p.m. Front of Cesar E. Chavez Building
Faculty/representatives from Southwestern College
Career Technical Programs will showcase their programs
and be available for your career questions.

Resume Review

Lisa Rodriguez, Counselor; Melody Valencia,
Career/Transfer Specialist
9 – 10 a.m.; **Career Center, Room S206**
Want to get feedback on your resume? We will review
your resume and provide tips for making your resume the
best it can be.

Interviewing Techniques

Lisa Rodriguez, Counselor
10 – 11 a.m., **Career Center, Room S206**
Want to improve your Interviewing skills? This
workshop will help you stand out in an interview. Each
participant will also be given free access to “Perfect
Interview”, an online interviewing database, which will
help you refine your interviewing skills.

Career Cruising

Lisa Rodriguez, Counselor
11 a.m. – 12 p.m., **Career Center, Room S206** Learn
about career pathways and how they align with your
desired lifestyle. Learn about the support services and
resources available from CTECS.

How to Work a Job Fair

Lisa Rodriguez, Counselor
1:30 – 2:30 p.m., **Career Center, Room S206**
This workshop is designed for job-seekers who are
seeking to master the skills necessary to successfully
attend and navigate career fairs, taking you through the
necessary activities you must do before, during, and after
the fair.

Thursday, March 21

Job Fair (Employment/Internship Opportunities)

10 a.m.–1 p.m. Student Union Area
Dress for success and bring your resume! Employers and
Agency representatives from various industries will be
recruiting for their open positions and will be available to
speak to you about employment, volunteer/service learning,
and work experience education opportunities.



Special Employment Presentation

Federal Bureau of Investigation Presentation

Yolanda Loya, Special Agent Recruiter
11 a.m. – 12 p.m., **Cesar E. Chavez Building, Room S202**
Learn about career opportunities with the FBI. They are
looking for people with analytical degrees like Engineering,
Science, Mathematics, Accounting and Business.

**Employment opportunities and helpful
resume/interview information and resources
available at: www.swccd.edu/~ses**

Career Center - (619) 421-6700 ext. 5247

CTECS - (619) 421-6700 ext. 5805

Student Employment Services - (619) 482-6356

To request this handout in alternate media, please call
(619) 482-6512 or TTY (619) 482-6470

Opportunity is Knocking!

*Student Learning Outcomes:
Students and Job Seekers learn about employment/internship/career opportunities.*