



SOUTHWESTERN COLLEGE

# Career EXPO 2013

Workshops

Career Exploration

Employment & Internships

## OPEN TO THE PUBLIC

Southwestern College-900 Otay Lakes Rd.-Chula Vista, CA 91910

### Monday, March 18

#### Workshops

##### Resumes That Get You 'the' Interview

Lisa Rodriguez, Counselor

10 – 11 a.m., **Career Center, Room S206**

Give yourself that professional edge! Learn how to create a winning professional resume that gets attention and the interview. This workshop offers formats for first time job seekers to seasoned professionals and includes Cover and Thank You Letter formats. A must for any job seeker!

##### Career Cruising

Lisa Rodriguez, Counselor

11 a.m. – 12 p.m., **Career Center, Room S206**

Learn about career pathways and how they align with your desired lifestyle. Learn about support services and resources.

##### How to Work a Job Fair

Lisa Rodriguez, Counselor

1:30 –2:30 p.m., **Career Center, Room S206**

This workshop is designed for job-seekers who are seeking to master the skills necessary to successfully attend and navigate career fairs, taking you through the necessary activities you must do before, during, and after the fair.

##### Interviewing Techniques

Lisa Rodriguez, Counselor

2:30 – 3:30 p.m., **Career Center, Room S206**

Want to improve your Interviewing skills? This workshop will help you stand out in an interview. Each participant will also be given free access to "Perfect Interview", an online interviewing database, which will help you refine your interviewing skills.

### Tuesday, March 19

#### Science Opportunity Day

Mathematics, Engineering,

Science Achievement (MESA) Program

Raga Bakhiet, PhD. MESA Program Director

10 a.m.–1 p.m.

**Math, Science & Engineering Quad at 330 Bldg.**

Find out about:

- Careers in Science and Engineering
- SWC preparing you for these careers

There will be:

- Representatives from local industries/institutions available to discuss career options and internships
- Student and faculty representatives from SWC highlighting engineering and science programs



#### Workshop

##### How to Choose a Major

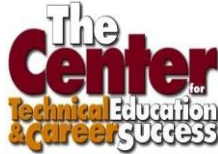
Diane Edwards-LiPera, Counselor;

9 – 10 a.m., **Career Center, Room S206**

So many majors to choose from! This workshop helps students identify the best fit major as well as the next academic steps to reach your Career Goals. Also, learn about careers and types of employers related to your major.

## Wednesday, March 20

### Career Technical Programs Showcase/Workshops



#### Career Technical Programs Showcase

9 a.m. – 12 p.m. Front of Cesar E. Chavez Building  
Faculty/representatives from Southwestern College  
Career Technical Programs will showcase their programs  
and be available for your career questions.

#### Resume Review

Lisa Rodriguez, Counselor; Melody Valencia,  
Career/Transfer Specialist

9 – 10 a.m.; **Career Center, Room S206**

Want to get feedback on your resume? We will review  
your resume and provide tips for making your resume the  
best it can be.

#### Interviewing Techniques

Lisa Rodriguez, Counselor

10 – 11 a.m., **Career Center, Room S206**

Want to improve your Interviewing skills? This  
workshop will help you stand out in an interview. Each  
participant will also be given free access to “Perfect  
Interview”, an online interviewing database, which will  
help you refine your interviewing skills.

#### Career Cruising

Lisa Rodriguez, Counselor

11 a.m. – 12 p.m., **Career Center, Room S206** Learn  
about career pathways and how they align with your  
desired lifestyle. Learn about the support services and  
resources available from CTECS.

#### How to Work a Job Fair

Lisa Rodriguez, Counselor

1:30 – 2:30 p.m., **Career Center, Room S206**

This workshop is designed for job-seekers who are  
seeking to master the skills necessary to successfully  
attend and navigate career fairs, taking you through the  
necessary activities you must do before, during, and after  
the fair.

## Thursday, March 21

### Job Fair (*Employment/Internship Opportunities*)

10 a.m.–1 p.m. Student Union Area

Dress for success and bring your resume! Employers and  
Agency representatives from various industries will be  
recruiting for their open positions and will be available to  
speak to you about employment, volunteer/service learning,  
and work experience education opportunities.

#### UC San Diego’s Annual Community Outreach Information Fair

9 a.m. – 12 p.m. Front of Cesar E. Chavez Building

This event will give people throughout the community a  
chance to learn more about UC San Diego admissions,  
educational and employment opportunities, business  
contracting, volunteer opportunities, and University events  
and resources.



### Special Employment Presentation

#### Federal Bureau of Investigation Presentation

Yolanda Loya, Special Agent Recruiter

11 a.m. – 12 p.m., **Cesar E. Chavez Building, Room S202**

Learn about career opportunities with the FBI. They are  
looking for people with analytical degrees like Engineering,  
Science, Mathematics, Accounting and Business.

**Employment opportunities and helpful  
resume/interview information and resources  
available at: [www.swccd.edu/~ses](http://www.swccd.edu/~ses)**

**Career Center - (619) 421-6700 ext. 5247**

**CTECS - (619) 421-6700 ext. 5805**

**Student Employment Services - (619) 482-6356**

To request this handout in alternate media, please call  
(619) 482-6512 or TTY (619) 482-6470

**Opportunity is Knocking!**

*Student Learning Outcomes:*

*Students and Job Seekers learn about employment/internship/career opportunities.*